

# 2025-2026 TTC Catalog

## COS 156 Fundamentals of Massage

Lec: 0 Lab: 6.0 Credit: 2.0

This course introduces the theory, preparation, manipulations and safety measures of massage.

### **Corequisite**

COS 151

and

COS 172

or departmental approval

### **Course Offered**

Fall

Summer

### **Grade Type**

Letter Grade

### **Division**

Business Technology